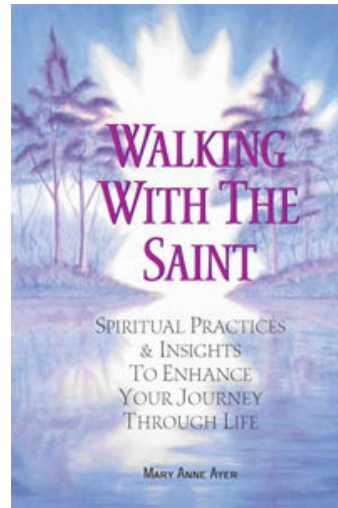


What would it be like to unlock the spiritual secrets of the universe?

Walking with the Saint
Spiritual Practices & Insights to
Enhance Your Journey
Through Life
by Mary Anne Ayer



This book is for those readers who have been looking for the fundamental truths about religion, spirituality and mysticism. It is the spiritual journey of one woman who has spent the last thirty years of her life traveling the world in search of those truths herself. From ashrams to Temples, from Sanskrit to modern English, from Seattle to India, she studied, meditated, and taught religion and spirituality. Her search culminates in the teachings of a modern Saint, who shares the gifts of profound spiritual

practices which unlock the secrets of true inner peace and understanding for the author. She takes the reader with her on her journey with the hope of saving him or her from the trials and tribulations she endured along the way, while sharing and showing the gifts of enlightenment and spiritual practices.

