

What would it be like to unlock the spiritual secrets of the universe?

The Gifts

When spiritual practices create a pathway through the brain to the soul, one gains the gifts of the soul such as subtle energy, insights, inspirations and intuition in both spiritual and mundane matters. Just as subtle can rule over gross, as water can erode rock, so the soul level experience when awakened, can dictate matters of itself and the grosser world. Not only does the individual get what they need and want sooner (the Kingdom) but one receives the freedom to understand ones soul purpose and to fulfill its destiny.

While the mind finds its goals of peace and happiness, the soul, free of a once-entangled mind, gets its gifts of self-fulfillment and God realization. All smaller gifts of psychic and yogic powers become inconsequential next to the great heights of joy and spiritual fulfillment that spiritual practices bring. One literally turns into a spiritual powerhouse benefiting individuals and oneself to create a better world.

It is the Saint - whose Soul is fully God-realized who can revive the souls of others. Reminding and showing us about our souls they give us magical practices to purify and focus the mind, so that the Soul is no longer brought down by the paltry dictates of the mind, but is energized and electrified into a whole new existence and arena of being of infinite love and peace - of light and ecstasy.

Walking through life with a deadened spirit is a lonely and difficult proposition full of hardships and lessons. But with the Saint who is a true friend of the Soul, we get meaning and purpose to life. When we walk through this journey of life, we will never walk alone.

The author's soul-stirring journey around the world provides answers about our origins and a means to reach our soul's full potential in life through spiritual practices and insights. She bases her finding on an extensive post-graduate study into the origins of religion, of ancient Sanskrit, followed by experiences in various Temples, Ashrams and monasteries of many religions. She has practiced meditation for over 30 years and has taught spiritual studies for ten.

